

CENTRAL HEALTH

EST. 1994

physiotherapy



Central Health Physiotherapy
St John's Wood
Warm Seas House
23 Wellington Road
St John's Wood
NW8 9SL

Tel. 020 7404 6343
Email. reception@central-health.com

Nearest tube station:
St John's Wood

Nearest bus stop:
St John's Wood Station

DIRECTIONS

- Travel south on Wellington Road from St John's Wood station towards Lord's Cricket Ground for approximately 0.15miles
- You will come across a BP garage to your right
- On the south side of the garage/immediately next door you will find a brown-brick building labelled 'Warm Seas'
- CHP St John's Wood is located on the ground floor of Warm Seas House
- (If travelling north on Wellington Road from the direction of Baker Street: Warm Seas House is located on the left-hand side, approximately 0.1miles north of Lord's Cricket Ground's North Gate entrance)

PARKING

- On-street meter parking is available on Wellington Place, St John's Wood High Street, Kingsmill Terrace & Circus Road
- There are 3 disabled parking spaces on Wellington Road, a few metres south of the clinic
- There is off-street parking available at Q-Park St John's Wood on Kingsmill Terrace 0.2miles away: this is bookable online in advance if required <https://www.q-park.co.uk/en-gb/cities/london/st-john-s-wood/>
- CHP St John's Wood is outside of the London Congestion Zone